



SOCIO SUMMIT 2023 2ND INTERNATIONAL  
SOCIO-KRAFT CONFERENCE

# PROGRAMME

The Space is Yours – Culture and  
Cooperation



**VEB 2023**

Európa Kulturális Fővárosa

The Veszprém-Balaton 2023 European Cultural  
European Capital of Culture programme



# PROGRAMME

## SOCIO SUMMIT 2023 2ND INTERNATIONAL SOCIO-KRAFT CONFERENCE November 23, 2023.

Building B, University of Pannonia, Veszprém(8200 Veszprém, Egyetem utca 10.)

9:00 – 9:30

### REGISTRATION

Moderator: **Panna Balázsy**

9:30–10:30

### OPENING CEREMONY

**Alíz Markovits**

CEO

Veszprém–Balaton 2023 European Capital of Culture

**Pál Szekeres**

President

International Wheelchair Fencing Federation

Hungarian member of the Disability Platform

**Katalin Galambos**

researcher

Institute of Advanced Studies (iASK)

**Teodora Borghoff**

expert in community engagement and social inclusion

Timisoara European Capital of Culture

**Yannis Koukmas**

Director of Community Engagement

Elefsina European Capital of Culture

10:30–12:30

### PRESENTATIONS

10:30–11:00

*Creative social policy*

**György Csepeli**

professor emeritus

ELTE TÁTK Doctoral School

Head of the Interdisciplinary Social Research  
Programme

11:00–11:30

*From the Periphery to the Centre –  
changed-dimensions generated by the  
“Finding a Home through Art” project*

**Zsuzsanna Ládonyi**

idea developer, project manager

“Finding a Home in Art”

11:30–11:50

### TEREFERE (PECHA KUCHA)

Introduction of Sessions

12:00–12:30

### EXHIBITION OPENING

12:30–13:30

### LUNCH

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# PROGRAMME

## SOCIO SUMMIT 2023 2ND INTERNATIONAL SOCIO-KRAFT CONFERENCE

**November 23, 2023.**

Building B, University of Pannonia, Veszprém (8200 Veszprém, Egyetem utca 10.)

**13:30-15:00 MARKET-PLACE**

**1.SECTION: SOUND-PLACE**

*The Autonomy Foundation's and Listen to your voice! Foundation's development method*

**Bálint Komenczi, Balázs Rózsa**

*Autonomia Foundation*

**2.SECTION: CREATIVE-PLACE**

*Katarzis Complex Art therapy in Finding a Home through Art project Self-experience*

**Ágnes Quirin**

*complex art therapist  
relaxation therapist*

**3.SECTION: SPIRIT-PLACE**

*Urban Discovery*

**Anna Losonczy**

**Pozsik Darinka**

*Spirit Crafts*

**15:00-15:15 COFFEE BREAK**

**15:15-16:15 ROUND TABLE DISCUSSION**

**16:15-17:30 WORKSHOP**

*Complex solutions through design*

**Erzsébet Hosszu**

*researcher*

*MOME Innovation Centre Social Design Hub*

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# PROGRAMME

**November 24, 2023.**

Building B, University of Pannonia, Veszprém (8200 Veszprém, Egyetem utca 10.)

9:00–09:30

**SOCIO SUMMIT CAFÉ**

9:30–12:30

**PRESENTATIONS**

9:30–10:00

*Culture for All – The art of understanding each other*

**Krisztina Forró**

Director

Veszprém European Capital of Culture Programme

10:00–10:30

*Repositioning Arts: Beyond L'art Pour L'art*

**Csaba Mányai**

impact curator and architect, strategist  
Community Arts Network

10:30–11:30

**COFFEE BREAK**

11:30–12:00

*Repainted Reality – People with and without disabilities made art together*

**Erzsébet Földesi**

Honorary President

Budapest Association of Persons with Physical Disabilities

12:00–12:30

*Poetry Therapy (Its Pedagogy and Treatment) : A Therapeutic Enterprise on the Boundaries of Culture, The Real World and Therapy*

**Tomi Gomory Ph.D.**

College of Social Work

Florida State University

Fulbright Scholar

Associate Editor Emeritus, Current Psychology

12:30–13:30

**LUNCH**

13:30–15:00

**WORKSHOP**

*Sensory walk*

**ZSÓFIA SZONJA ILLÉS**

iASK research fellow,

Phd candidate MOME

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## SOCIO SUMMIT 2023 2ND INTERNATIONAL SOCIO-KRAFT CONFERENCE

**November 23, 2023.**

**10:30–11.00**



*Creative social policy*

**György Csepeli**

professor emeritus

ELTE TÁTK Doctoral School

Head of the Interdisciplinary Social Research Programme

**György Csepeli**, Professor Emeritus of ELTE. Born in 1946, graduated from ELTE, Budapest in 1970. Professor of Social Psychology at ELTE, Chair of the Interdisciplinary Social Science Research Doctoral Program. He has PhD from ELTE and DSc from the Hungarian Academy of Sciences. He has been teaching at ELTE and at various American Universities including UCLA, University of Michigan, New School in New York and recently at Montclair State University. His research interests cover areas of social psychology of intergroup relations such as national identity, anti-Semitism, anti-Gypsy sentiments and conflict resolution. He has created a pyramid model of national identity based on empirical survey results. He is involved in various EU FP7 projects on discrimination and European Identity. Most recently his interests turned toward the use of Big Data and the social-economic impact of the use of artificial intelligence.

### **Creative Social Policy**

Discussing the insights from evolution and social development the paper reviews the development of social organisations specialised to helping and supporting people in trouble. Entering in the age of uncertainty the troubles tormenting people are multiplying. New solutions in social policy are needed. The paternalistic and bureaucratic approach needs to be replaced by creative solutions based on participation and technological innovation.

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## SOCIO SUMMIT 2023 2ND INTERNATIONAL SOCIO-KRAFT CONFERENCE

**November 23, 2023.**

**11:00-11.30**

*From the Periphery to the Centre –  
changed-dimensions generated by the  
“Finding a Home through Art” project*

**Zsuzsanna Ládonyi**

idea developer, project manager  
“Finding a Home in Art”



**Zsuzsanna Ládonyi** PhD, is a social politician, coach, associate professor. She has been teaching mainly in social work MA and BA courses for almost two decades at the Semmelweis University, Institute of Mental Health and now at the Archiepiscopal College of Veszprém. Zsuzsanna is committed to supporting people to help themselves and to promoting innovative social solutions. Besides her teaching and research work, it is important for her to practice, to initiate more direct social interventions, through which she is able to use her professional knowledge, creativity and relational capital in mental health approach. As the idea developer and project manager of the project “Finding a Home in Art”, funded by the VEB2023 European Capital of Culture, she has managed to link art and social assistance and social inclusion. Art therapy – homelessness – exhibitions – museum education – media publicity – lecture/workshop... all these are the “Finding a Home in Art” project.

### **From the Periphery to the Centre – changed-dimensions generated by the “Finding a Home through Art” project**

In the framework of our project “Finding a Home in Art”, supported by the VEB2023 European Capital of Culture, we called culture and the visual arts to help us to initiate a psychological and social shift towards development in the life of people who are homeless and living on the peripheries. Using the Katarzis Complex Art Therapy method, Ágnes Quirin (complex art therapist) accompanied the residents of the Veszprém House of Inclusion of the Hungarian Charity Service of the Order of Malta (Magyar Máltai Szeretetszolgálat) for 15 weeks on this unusual healing journey. The results of the creative process, the watercolour and pastel paintings, ceramics and artistic photographs of the creative process (the works of Ferenc Ládonyi) were presented at several exhibitions. We organised museum pedagogical sessions and a public forum. Through the exhibitions and visibility people living on the peripheries of the city were brought to the centre of the city (theatre, castle, exhibition space in the city centre). The shift has also taken place on a mental level, with the “subject” that had been pushed aside becoming the focus of interest: visitors and city decision-makers have been able to take a look at this previously hidden world. The geographical and symbolic shift in location also brought about a transformation, as the image of the valuable, value-creating human being was drawn in the artists who are homeless through aesthetics. The fruits of this shift could also be felt in the healing of relationships, as people without homes and in difficult circumstances could relate in a different capacity to themselves, to their peers, to most of the society that received their works, to the readers and viewers of news about them, or to the children and public forum participants in the museum’s pedagogical sessions. Many of the members of the art therapy group have since started to work or have taken up a long-forgotten hobby (e.g. embroidery) as a sign of their healing process, their dignity and their worth. As a means of social inclusion, the recipients were also able to admire, through images that conveyed aesthetics, the humanity of the often faceless people who are homeless. The experience of giving was thus paradoxically ours, given to us by those in need who viewed the exhibitions, but also to all of us who worked to make the project a success.



## SOCIO SUMMIT 2023 2ND INTERNATIONAL SOCIO-KRAFT CONFERENCE

**November 23, 2023.**

**13:30-15.00**

### **1.SECTIONSOUND-PLACE**

*The Autonomy Foundation's and Listen to your voice! Foundation's development method*

**Bálint Komenczi, Balázs Rózsa**

*Autónomia Foundation*



The Autonomy Foundation's and Listen to your voice! Foundation's development method

Listen to your voice is a series of community workshops that democratise the experience of music-making. Music is a means of connecting, but the sessions are not about developing the musical skills of the participants. The sessions are open to anyone, regardless of qualifications, who wants to develop in a group and create something new.

Listen to your voice! Community music workshop aims to create creative sound content in groups, based on individual experience, whether it is a collective song, lyrics, sound play, environmental recordings, film soundtrack or film sound. Anyone, regardless of musical background, who wants to develop in a group and create something new, can participate as a full creative member of a group.

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## SOCIO SUMMIT 2023 2ND INTERNATIONAL SOCIO-KRAFT CONFERENCE November 23, 2023.

13:30-15.00

### 2.SECTION: CREATIVE-PLACE

*Katarzis Complex Art therapy in Finding a Home through Art project Self-experience*

**Ágnes Quirin**

complex art therapist  
relaxation therapist



Complex art therapist, art therapist trainer, relaxation therapist, graphic artist, art therapy instructor at the Sapientia Monastic and Theological College, co-worker of the Vadaskert art therapist, co-founder of the "Szakajtó" Mental Hygiene. In her therapeutic work, she works primarily with the Cataract Complex Art Therapy, Autogenic Training and the Socioemotional Pedagogical Therapy method, integrating into her work the possibilities of real nature contact and, last but not least, her experience as a mother of a large family. Working with adults and children, her aim is to make inner images, emotions and stories accessible and acceptable through creativity, so that the participants in the process of self-discovery can come to accept themselves. In the project, Finding a Home through Art she participated as an art therapist, accompanying homeless people through a special, liberating inner process.

The participants of conference can learn about the method and mode of Katarzis Complex Art therapy in the self experience workshop. This method was applied in „ Finding home in art” project, which mastermind is Zsuzsa Ládonyi and was supported by VEB2023 EKF. Homeless people could experience it in the series of 15 occupations. The Katarzis Complex Art Therapy belongs to indirect nonverbal therapeutic methods. Working with the group of homeless people, who are living with losses and possible addictions, we experienced the advantages of the universal language of art. The thematic of the method is linked to the continuities of nature, its circle, changes, like reality around us. The analogies of these processes can appear in pieces of art. This way the participants can feel their internal pictures, and later they can articulate them. The method catches the sacrality of being through symbols by experiencing them in a passive and active way. The full personality of the creator is present in this process. The participants can step out of their profane world by this full presence. It activates the passive areas of the personality to give a possibility for reforming. In the frame of this workshop a specific case will be presented to show the outcome of the art therapy workshops for homeless.



## SOCIO SUMMIT 2023 2ND INTERNATIONAL SOCIO-KRAFT CONFERENCE

**November 23, 2023.**

**13:30-15.00**

### **3.SECTION: SPIRIT-PLACE**



*Urban Discovery*  
**Anna Losonczi**  
**Pozsik Darinka**  
*Spirit Crafts*



**ASpirit Crafts** is a partnership that supports people on their personal development journey through effective, practical methods. Our method is based on coaching methodology, which we develop based on our own personal and professional experience. In this 90-min workshop, participants will be introduced to a shortened form of the Spirit Crafts Urban Discovery Method.

The workshop will include a walk at individual pace through the streets of the neighbourhood, where participants will look for visual illustrations for their own questions and insights related to their topic, using “images”, sights and details found in the environment. From thoughts come images and from images come thoughts. Looking for images and becoming aware of their meanings helps us to come closer to understanding our inner processes and to take a small first step on the path of change. The workshop will be held by Anna Losonczi (architect, coach) and Darinka Pozsik (economist, coach), co-founders of Spirit Crafts.

#### **Our vision**

We are working on creating a workshop where we develop the method together with expertise from the fields of coaching, psychology and the arts, and individual life stories and experiences. Where we connect with people who like to think together, in tune with each other. We approach our work using intuitive and scientific thinking in parallel. We present research findings in a practical way that is accessible to all. We draw inspiration from crossing and combining different disciplines, believing that creative insights never before seen can be generated. The continuous shaping of the method is not only about long-term development, but also to ensure that we support and inspire the current groups and participants with personalized task combinations. Our aim is to awaken the motivation of the people to recognise their resources, and dare to use them. To teach people to listen to their inner messages, to reflect on their feelings, and to connect with each other!

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## SOCIO SUMMIT 2023 2ND INTERNATIONAL SOCIO-KRAFT CONFERENCE

**November 23, 2023.**

**16:15–17:30 WORKSHOP**

*Complex solutions through design*

**Erzsébet Hosszu**

researcher

MOME Innovation Centre Social Design Hub



**Erzsébet Hosszu** is a PhD candidate, architect, researcher at the Institute of Advanced Studies since 2021 and at the MOME Innovation Centre since 2023. She graduated as an architect at MOME in 2015 and has been a PhD student at the Doctoral School since 2020. She is currently working on socially sensitive research at the Social Design Hub and leads courses on R&D and design methodology at the Institute of Architecture. Since 2013 she has been working with young refugees and disadvantaged Hungarians as the founder of Open Doors, where she facilitates creative workshops and design-related projects to develop the creative competences and community building of vulnerable groups.

**Complex solutions through design** The universal, inclusive methodology of design has already been discussed by László Moholy-Nagy ("Designing is not a profession but an attitude." 1947. "Vision in Motion) and Victor Papanek ("All men are designers. All that we do, almost all the time, is design, for design is basic to all human activity." 1971. Design for the Real World). But how does this fit into everyday life? The aim of this two-hour workshop is to give participants first-hand experience of how interdisciplinary design methodology can be used to solve complex problems. Taking the theme of cultural diversity as a starting point, the workshop will take the group through all stages of the design process, from empathising, through problem mapping, to brainstorming and proposing solutions.



## SOCIO SUMMIT 2023 2ND INTERNATIONAL SOCIO-KRAFT CONFERENCE

**November 24, 2023.**

**9:30 – 10:00**



*Culture for All – The art of understanding each other*

**Krisztina Forró**

Director

Veszprém European Capital of Culture Programme

Enthusiastic leader with a demonstrated experience in community building and management. Always an involved outsider, who can think outside the box and work inside a project team based on her varied study and work experiences. Skilled in Project Management, Process Improvement and CSR Management with a Master of Arts (MA) focused on International Business and Economics. Passionate about showing the importance of personal impact not only in the non-profit, but also in the for-profit sector; the power of cooperation and the value of real communities at our corporate and civil environment.

Her newest role and tasks at VEB 2023 are to strengthen outreach and capacity building with long term community development, focusing on the horizontal aims of the ECoC Program by managing family friendly, accessible, and environmentally sustainable program development.

All her previous experiences gave her a broader view, how to involve and encourage a diverse community, and simplify complex processes with a continuous improvement.

### ***Culture for All – The art of understanding each other***

*When we organize cultural events, we imagine a typical person who moves healthily, hears well, sees perfectly, understands what we mean, or if he doesn't, he's not qualified or not interested enough, so doesn't belong to our target group. Who is our audience anyway? In what financial circumstances, social and health conditions do they live?*

*In Krisztina's presentation, we are looking for the answer to how we can understand and get to know the cultural consumption habits of atypical people; how we can incorporate them into our program organization and what additional advantages we can gain with this knowledge. What does sustainable culture management mean not only from an environmental perspective but also from a social sustainability consideration. We need to learn practical solutions from each other, beyond ambitious goals and unfulfillable policies.*

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## SOCIO SUMMIT 2023 2ND INTERNATIONAL SOCIO-KRAFT CONFERENCE

**November 24, 2023.**

**10:00-10.30**



*Repositioning Arts: Beyond L'art Pour L'art*

**Csaba Mányai**

impact curator and architect, strategist  
Community Arts Network

Csaba, impact architect/designer, curator, has spent the past two decades exploring how we can adapt to and succeed in our fundamentally changing environment and redesign our systems to fit our new challenges. Earlier he worked with companies, institutions and leaders on redesigning marketing driven business strategies, having also written a book on the subject, titled 'Instead of Advertising'. Building on that he researched complex systems and value innovation, using that knowledge to co-found TXD Impact Design Studio and Sapience Business Design to help clients with designing breakthrough systemic innovations and sense making, constructive collaboration and organic impact strategies. He has also designed and curated many smaller and larger, local and international events, examples of which are the Well Being Summit held in Bilbao in October 2021 or TEDxDanubia (and the corresponding social platform and movement), which he initiated, led and has been curator for since 2009, and in which context he has prepared over 200 high calibre speakers, both international and Hungarian. Since 2017 he has been working closely with Community Arts Lab (Porticus Foundation) and the Community Arts Network, as a strategic advisor and network/impact architect, on elevating the role and contribution of arts and culture in change making and systems change.

### **ARepositioning Arts: Beyond L'art pour L'art**

Amidst an overwhelming cacophony of existential challenges and superficial solutions, it is hard to find a source of realistic hope nowadays: a mismatch between the nature of our challenges and the ways we try to find solutions leads to dire consequences and an overwhelming sense of being stuck in a seemingly negative spiral (although so many of us are doing their best to make a change). We focus on trying to solve what hurts and ignore the dynamics that lead us there in the first place. We try relying on technology and power games, but belittle and ignore the role and potential of culture. And fair enough, how can art or culture help winning a war? On the other hand, how can we hope to resolve a conflict without culture? We need a new approach, we need systemic change and we need to place culture at its core. But for that, we need to change the way we see culture, arts, and the role or potential they can play in shaping our destiny.





## SOCIO SUMMIT 2023 2ND INTERNATIONAL SOCIO-KRAFT CONFERENCE



**November 24, 2023.**

**11:30–12.00**

*Repainted Reality – People with and without disabilities made art together*

**Erzsébet Földesi**

Honorary President

Budapest Association of Persons with Physical Disabilities

**Erzsébet Földesi** is a disabled activist advocating for the rights of women and men with disabilities for 20 years from grassroots to national and European levels. She has obtained disability advocacy related qualifications including a postgraduate degree at the Budapest Technical University as a rehabilitation environmental planner and later as a human and technical advisor in occupational rehabilitation. From 2002 to 2018 she was the president, currently she is the honorary president, of the Budapest Association of Persons with Physical Disability which in addition to its advocacy activities provides support services, home care services and peer-counselling for people with different kinds of disability. The main activity of the Association is to promote the social inclusion of people with disabilities. One of the tools it uses to achieve this is the promotion of universal design on national level, as well as on European level through its participation in EU projects aimed at the development of mainstream transport. In this field the Association developed on-line resources for university students on universal design, issued a best practice book on the realization of the universal design method, and takes part in the creation of inclusive playgrounds. The Association intended and intends to promote the social inclusion of people with disabilities through a variety of other methods. In the field of art, e.g. in 2012 – under her presidency – the organization held an exhibition entitled Re-painted Reality for disabled and non-disabled contemporary painters at the Hungarian National Gallery which helped talented disabled painters to introduce their artwork to the public. She took active part in the creation of the first cross-disability organization in Hungary, i.e. the National Council of Associations of Persons with Disabilities (FESZT), she was its board member between 2004–20018, and between 2014–2017 its president. Since 2004, Hungary's accession to the European Union she has been elected to the governing body of the European Disability Forum, for 4 years taking the position as its vice-president. She was author and editor of several publications.

### **Exhibition on Repainted Reality – People with and without mobility disability made art together**

In 2012, in cooperation with the Budapest Association of People with Physical Disability and the Hungarian National Gallery, and with the support of the Hungarian wall paint company, Poli-Farbe, an exhibition was held featuring the works of contemporary artists with mobility disability (including those painting with their mouth and feet), and non-disabled artists. The artworks, created with the help of the sponsor's wall paint, were created in a highly inspiring way in the Gallery, a bastion of art, and were chosen for the exhibition by the Gallery's and external curators. The exhibition was launched with a spectacular opening ceremony and was open to the public for 3 months. During the exhibition, the organisers hosted several groups of school children for exceptional guided tours. In addition, an awareness-raising demonstration on Vígadó Square in Budapest, involving stars and volunteers, drew the attention of the people on the street to the fact that disabled artists can create value, if the same conditions are provided for them as for others. The exhibition was followed by a great deal of media attention, using communication platforms that addressed the majority of society, dealing with art, social issues, public life and even the economy. Since the street demonstration was joined by celebrities to show their support, the exhibition's message was also broadcast in the tabloid media. At the end of summer 2013, part of the exhibition was shown in various European cities: Rome, Berlin, Vienna, Brussels, Stuttgart, Paris, London, Helsinki, Moscow, Prague, Istanbul. The other part of the exhibition went on a national tour to Kaposvár, Győr, Pécs, Debrecen and Vác. The event showed a good example of how a joint initiative of the private, public and civil sectors could promote the active participation of people with disabilities in the arts.

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## SOCIO SUMMIT 2023 2ND INTERNATIONAL SOCIO-KRAFT CONFERENCE

**November 24, 2023.**

**12:00 – 12:30**

*Poetry Therapy (Its Pedagogy and Treatment) :  
A Therapeutic Enterprise on the Boundaries of  
Culture, The Real World and Therapy*

**Tomi Gomory Ph.D.**

College of Social Work  
Florida State University  
Fulbright Scholar

Associate Editor Emeritus, Current Psychology



**Tomi Gomory** (PhD, Berkeley, 1998, MSW, 1984) is an Associate Professor at the College of Social Work, Florida State University (FSU) and has worked at FSU since 1998. He has been a Fulbright Scholar at the University of Pecs. His primary research interests are homelessness, mental health, evaluation of practice, philosophy of science, and social work education. Before beginning his academic career, he spent ten years working as a social worker, including as a clinician, director of the first adult homeless shelter in Brooklyn and a stint as the San Francisco project director of the Robert Wood Johnson and HUD coordinated federal Homeless Families Model Project. He has published extensively on issues related to mental health treatment and evaluation, homelessness, social work education and evidence-based practice. He published along with two colleagues his award winning the book, *Mad Science: Psychiatric Coercion, Diagnosis, and Drugs in America*, published by Routledge in 2013/2015. Currently he has developed a non-coercive, psychosocial educational model of helping called *Solving Problems in Everyday Living (SPIEL)*. And also, has developed a routine brief (5 item) student educational feedback scale (BSEFS) currently being piloted at FSU utilized to improve the quality of the classroom student experience and enhance teacher skills.

***Poetry Therapy (Its Pedagogy and Treatment) : A Therapeutic Enterprise on the Boundaries of Culture, The Real World and Therapy.***

The presentation defines poetry, therapy and its combination and offers one model of poetry therapy empirically validated as a possible option and further offers an argument for the relevance and benefit of poetry, an art form, being valuable in helping by its application through therapeutic engagement to engage and resolve troubling experiences and mood states that individuals may experience. It is also argued that learning to use poetry may also prove to be a long-term coping tool as the person moves forward in their life.





## SOCIO SUMMIT 2023 2ND INTERNATIONAL SOCIO-KRAFT CONFERENCE



**November 24, 2023.**

**13:30-15.00**

### WORKSHOP

*Sensory walk*

**ZSÓFIA SZONJA ILLÉS**

iASK research fellow,

Phd candidate MOME

**Zsófia Szonja Illés** is a multidisciplinary artist and designer with an environmentally and socially engaged practice. She got her masters degree from The Glasgow School of Art, and was selected for the "socially engaged artist residency" programme at the Center of Contemporary Art (CCI: Glasgow) between 2019-2020. She currently is a land researcher at iASK (Kőszeg) and a doctoral candidate at MOME (Budapest), where her research topic is 'More-than-human Placemaking'. She is developing sensory methods to capture and describe traditional ecological knowledge on flood landscapes.

**13:30 pm – 14:15 pm**

#### **Sensory Methods towards more-than-human Placemaking and Sensory Walk – Seminar**

Seminar and guided walk with Zsófia Szonja Illés, Researcher at MOME Budapest and iASK

The Seminar will unpack how sensory methods can contribute to place-engagement in the context of land research and placemaking design. It will reflect on the role of diverse arts- and design-based methods (eg: sensory walks, sensory ethnography and sensory installation art). Through case studies, the seminar will consider, how these methods might encourage and enable a different kind of place-based engagement, collaboration, collaborative learning and understanding around environmental issues, and how such methods might help designers and researchers to communicate complex, layered environmental and land use issues. Case study locations will include Hungarian waterscapes, such as the Middle-Tisza region.

**14:15 pm – 15:00 pm**

**Guided Sensory Walk** (participation in the seminar is a requirement for the walk) Seminar and guided walk with Zsófia Szonja Illés, Researcher at MOME Budapest and iASK

Following the Methods Seminar, the audience will be invited to join a 30 min Sensory Mapping Walk in the neighbourhood, so the methods can be tested in practice. At the end of the walk, the group will return to the seminar venue for an informal discussion and reflection. Walk participants should wear warm clothing and bring with them a camera (phone), paper and pencil.

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## SOCIO SUMMIT 2023 2ND INTERNATIONAL SOCIO-KRAFT CONFERENCE



BUDAPEST ART BRUT GALÉRIA

A Moravcsik Alapítvány művészeti galériája



Exhibition during the conference

### **Moravcsik Foundation - Budapest Art Brut Gallery exhibitor**

Psychiatric patients are often viewed unfavorably, negative prejudices hinder the social reintegration of the affected persons, therefore they are characterized by isolation and mistrust. One of the main goals of the Budapest Art Brut Gallery is to present the art of artists living with psychiatric illness not only to the general public, but also to opinion-forming representatives of the art world. In addition, the Gallery as a cultural and community space provides an opportunity for all members of society to get to know these artists and their works, which helps to reduce prejudices and reservations that may exist against them. The personal experience has a serious impact on visitors and promotes wider social acceptance of people living with mental illness. For the exhibition accompanying the Socio Summit 2023 conference, we have put together a selection of the works of our artists living with various mental illnesses, past and present, in order to give a glimpse of how art and art therapy provide diverse opportunities for our artists to express their thoughts and feelings.





## SOCIO SUMMIT 2023 2ND INTERNATIONAL SOCIO-KRAFT CONFERENCE



### **Finding a Home through Art” exhibitor**

Exhibition during the conference

### **Finding a Home through Art” exhibitor**

Within the framework of the project “Finding a Home through Art” – supported by VEB2023 EKF – we set a complex goal. On the one hand, creating an opportunity for the target group of homeless people who live in the “Befogadás Háza” (House for homeless people) of the Hungarian Maltese Charity in Veszprém, to enable them to connect more fully with themselves and their environment with the help of art therapy. In a series of 15 thematic sessions using the method Catharsis Complex Art Therapy the participants could experience their spiritual analogies, primarily attuned to the current states and changes in nature. In their works, for which we provided a variety of artistic techniques, their own inner images could appear, on which they could then reflect. Our goal was for the participants to gain new insights and points of view, seeing their own value and even the possibility of change. The individual occasions represented an experience and a refreshing pastime, and in addition, they created the opportunity to experience acceptance and lovability. As a result of the sessions, with the release of internal energies, new activities, opportunities, and work can be included in everyday life. As part of the project “Finding a Home through Art”, at the exhibitions following the art therapy sessions, the participants can step out and show themselves through their pictures, which can be a special experience not only for them, but also for the visitors of the exhibitions. In addition to the exhibitions, museum pedagogic sessions, a public forum and workshop help draw attention to the values inherent in all of us, regardless of social status, and to the helpful possibilities inherent in art therapy. With all of this, we want to promote the integration of our society, reducing the gap between mainstream society and the marginalized group of homeless people. The project’s media publicity, Facebook page and website ([www.otam.hu](http://www.otam.hu)) can also promote this „approach”.





## SOCIO SUMMIT 2023 2ND INTERNATIONAL SOCIO-KRAFT CONFERENCE

### Völgy Alapítvány

Exhibition during the conference



#### **Valley Foundation exhibitor**

The Valley Foundation Daycare Center – Opportunities Clubhouse has been operating since 2015, focusing on art therapy and artistic community. The essence of our artistic community is that, in addition to psychiatric patients, people living in the city and the surrounding areas who are interested in the arts and love to create can also participate in the activities. This – as one of our anti- stigmatization programs – enables the approach between the ill and the healthy. Among the members, professional artists and graduates of art schools are present, but also beginners in the field of creation and also those looking to improve their skills. For our community, each and every one of us is equally important, so we organize our exhibitions with the spirit that every member can feel the uplifting sensation of acceptance and appreciation.



# Socio Summit

# SOCIO SUMMIT 2023 2ND INTERNATIONAL SOCIO-KRAFT CONFERENCE



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